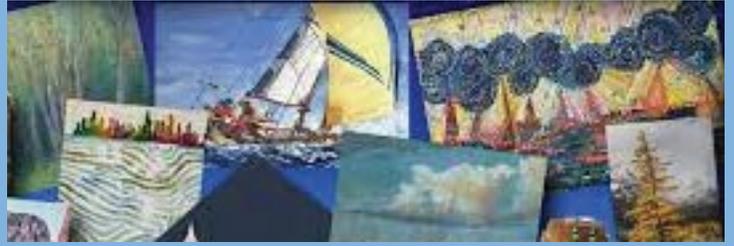


Newsletter



The DuPage Art League • January 2026

Dear Members,

Happy New Year!

I hope this newsletter finds you in a nice and cozy state of mind. With the holidays on our heels and the calendar flipping to a new year, perhaps you, like me, are ready to leave the disappointments of 2025 behind and embrace what is yet to come.

It's great being a part of the DuPage Art League and having the opportunity to lose oneself in art. It's hard to dwell on anything negative when creating something of beauty. I've come to realize that just being around the members—whether in class, at social gatherings, or volunteering—can be very energizing. There are so many opportunities at DPAL, especially with the addition of new teachers, classes, and workshops. (Check out some of the YouTube shorts on our website under Instructors.) And if you joined the art league in the last year, we will be hosting a New Member Tea on Sunday, February 1. Be on the lookout for an email invite.

In addition to classes and workshops, we also have free artists' demos in conjunction with the Wheaton Public Library. Our Monday night Art Demo this month features watercolor artist, Maria Delton. The program will be held January 19 at 6:30pm, in-person and virtual. Register at: <https://www.wheatonlibrary.org/event/art-demo-watercolor-scenes-128590>

On another note, I'd like to mention our business manager, Yvonne Thompson, is responsible for so much that happens behind the scenes at the Art League. You may have heard that Yvonne was hospitalized on November 30 due to a heart attack. She is making great progress and is expected to be home before Christmas. Phone calls are difficult right now, but if you'd like to send Yvonne a card, you can drop it off at the front desk and we'll get it to her. Best wishes to Yvonne for a speedy recovery.

Regards,
Adele Dunn, VP Activities



Adele, Self Portrait
Acrylic

"A new year. A fresh, clean start! It's like having a big white sheet of paper to draw on!"
- Bill Watterson.

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Board Meeting Notes - December

Treasurer's Report: Jennifer Bayer reported that the total income for the period was over budget and was offset by lower revenue for summer session A classes and lower general cash donations. Total expenses were more than budget due to higher than budget supplies, gas and electric.

Activities Report: Adele Dunn reported that Watercolor artist Maria Delton will present the Monday, January 19 th demo at the Wheaton Library. Register on the Wheaton Library website.

Membership: Amy Tran reported we currently have 556 members

Education: Margaret Bucholz said we have several artists that have inquired about teaching classes. She will be interviewing several potential new teachers after the new year.

Buildings and Grounds: Mark Galli reported the gallery will be painted while we are closed for our winter break.

Submitted by Maeva Cook, Secretary



2026 Gallery I Exhibit Schedule

January - SANCTUARY

Entry: Jan 7-8 Pick-up: Jan 28-29
Interior places or wide open spaces - where do you experience peace?

February - GRITTY & RAW

Entry: Jan 28-29 Pick-up: Feb 25-26
Architecture, cityscapes, pure emotion...

March - WOMEN'S HISTORY MONTH, WISDOM

Entry: Feb 25-26 Pick-up: March 25-26
Passed down from our ancestors, felt in the body, learned experience...

April - PATTERNS

Entry: March 25-26 Pick-up: April 29, 30
Where do you see patterns, lines, rhythms?

May - SEASONS OF LIFE

Entry: April 29-30 Pick-up: May 27-28
Beginnings, growth, rest, maturity - cycles & transitions in people and nature.

June - VOLUNTEER SHOW, SOUNDTRACK

Entry: May 27-28 Pick-up: June 24-25
Celebrating work by our League volunteers. Let music, voices, city noise, sounds of nature inspire you. *Entry by invitation only.*

July - COLOR OUTSIDE THE LINES

Entry: June 24-25 Pick-up: July 29-30
Abstraction, unexpected color choices, unique subject matter — what calls to you?

August - BEST OF THE BEST

Entry: July 30 Pick-up Aug 26-27
Show representing winning artworks from art leagues/guilds from around the suburbs. *Entry by invitation only.*

September - NEGATIVE SPACE

Entry: Aug 26-27 Pick-up: Sept 23-24
Description: Show off your skill in utilizing negative space in your work.

October - THE SKY'S THE LIMIT

Entry: Sept 23-24 Pick-up: Oct 26-27
(note Monday, Tuesday pick-up).
Explore your ideas of expansiveness, verticality, horizons.

DPAL Calendar

January ***

Membership Renewals - **Ongoing**

Activity Guide - Available **NOW** at Front Desk

Jan 5 Winter Classes Begin

Jan 5 Yuletide Sellers Pick up unsold items

Jan 7-8 Drop off SANCTUARY, Where do you experience peace? for Gallery I Exhibit

Jan 19 Art Demo w/Wheaton Library Watercolor M. Delton, 6:30

Jan 28-29 Pick Up Jan Gallery 1 Entry

Jan 28-29 Drop Off Gritty & Raw, Architecture, cityscapes, pure emotion

February ♥♥♥

Feb 1 **SAVE THE DATE.. New Member Tea 2-4**

Feb 16 Art Demo w/Wheaton Library - Gelatin Prints, N Staszak, 6:30

Feb 25-26 Pick Up Jan Gallery 1 Entry

DPAL Board 2026

President: Mary Lynn Sullivan

Secretary: Maeva Cook

Treasurer: OPEN

VP Activities: Adele Dunn

VP Building & Grounds: Mark Galli

VP Education: Margaret Bucholz

VP Exhibits: Gallery I: Danielle Crilly
Gallery II: TBD

VP Finance: Carol Kincaid

VP Membership: Mary Ann Staroscik

VP Office Management: Barbara Finn

VP Publicity & Promotions: Patricia Kosar

VP Safety & Security: Darlene Edwards

Presidents Emeritae: Diana Mitchell and
Carol Kincaid

Yuletide Treasures: Yvonne Thompson and
Wilda Kemp

Newsletter: Lori Tucker

dpalmembership1t@gmail.com

Recent Activities at the DPAL!

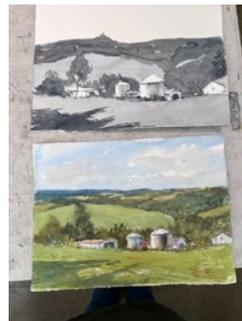
Nancy Anderson, Workshop Coordinator

Exploring New Mediums with Workshops

Students had the opportunity to explore several different mediums with workshops held at the DuPage Art League in November and December. Sarah Rehmer shared her knowledge of encaustic painting on November 1. She demonstrated the art of working with melted beeswax and pigment to produce works with depth and interest on wooden panels. The results produced by the attendees were amazing, especially since most of the students had not had any prior experience with encaustics.



Robert Holmes, an accomplished watercolorist and teacher, presented a workshop on painting landscapes using simplified shapes and limited detail. He first created a value study of the light and medium values in the scene and then painted the light and medium values of the landscape in color. He next returned to the value study and applied the dark values which acted as a road map on how to complete the final painting. This way of planning a painting leads to beautiful finished artworks.



Kay Wahlgren taught her annual paper ornament workshop on Sunday, December 7. Using limited supplies, students were able to produce paper ornaments with intricate cuts that are ready for display on their Christmas trees.



Workshops help students learn new art techniques or improve upon their understanding of their usual medium. I plan to organize more opportunities in the coming year. Happy New Year!

The Activity Guides are in!

Pick up your copy at the front desk.



Yuletide Sellers PICK UP your unsold items on January 5th or after. Checks for sold items are going out to you late January.

Newsletter/E-Blast Submittals

To submit email blast information and newsletter articles, send your information to: dpalmembershipt@gmail.com by the 15th of the month. Acceptable formats include Word documents or PDF files for text and 300dpi .JPG form images. Please proof and verify your copy before submitting. Send photos, flyers and other images as attachments to email.

DPAL Library Notes

Barbara Grabowski, Library Volunteer

From the Library:

Welcome new members and hello to continuing members!

One of your perks of belonging to DPAL is access to the League's Library. It's located on the first floor, in the back by the kitchen. The Library may seem small, but it is jam-packed with resources. Books are arranged in categories to match the different classes that the League offers, like Drawing, Painting, Colored Pencil, Pastel, Oils, Acrylics, and Watercolors. There are also sections with Reference books and books on Creativity, plus a large section of Biographies of artists. There are also a variety of magazines and DVDs.

You may sign out any of these resources for a month. Just sign the card in the book and leave it in the wooden box. To return items: just drop them in the blue bin on the bottom shelf.

Again, Welcome! And make use of this great resource!

From the Library: New Resources January 2026

DVD **Capturing the Moment in Oil**. Davis Curtis 0037
DVD **Mastering Plein Air Acrylic Painting**. Marcia Blunt. 0038
DVD **Marine Painting: Art of the Wave**. Don Demers. 0039
DVD **Winter's Soft Mantle**. Tony Couch. 0040
DVD **Drawing & Painting Secrets; Realistic Faces**.
Carrie Stuart Parks. 0041
DVD **Expressive Watercolor Portraits**. Janet Rogers 0042

Books:

Atalay. **Leonardo's Universe**. Biography
Greene. **Artist's Photo References; Flowers**. Botanical Drawing
Kear. **De gas; His Life and Works in 500 Images**. Biography
Leroy Neiman: **Five Decades**. Biography
Nuss. **Secrets to Composition; 14 Formulas for Landscape Painting**. Oil Painting
Sanders. **Ready to Paint the Masters; Cezanne**. Biography
Weber. **Brushwork Essentials**. Oil

Enjoy!

DPAL Board Volunteer Position

Have a desire to support the arts and art education? All while being part of an active Board of Directors? If interested, please contact Jennifer Bayer at dpaltreasurer@gmail.com.

The DuPage Art League is seeking a Treasurer. The ideal candidate will have accounting and finance experience and a working, basic knowledge of QuickBooks and Excel. An understanding of nonprofit accounting is helpful, but not necessary. This person must hold honesty and integrity in high esteem and be committed to accuracy, transparency and timeliness.

Responsibilities include recommending financial policies, supervising the bookkeeper, monitoring credit card transactions, processing credit card refunds, overseeing the insurance policies, presenting and preparing monthly financial reports, reconciling bank accounts, executing ACH (direct deposit payments), preparing positive pay bank uploads, downloading sales information, and working with third-party accounting firm to prepare Form 990 (this arrangement will be completed after April 15). Qualifications include strong communication and interpersonal skills, working knowledge of Microsoft applications such as Excel, Word and PowerPoint, attention to detail and accuracy, and business acumen and ability to identify and communicate operating risk.

The time commitment is approximately 4-6 hours per week. The current Treasurer's term ended on April 30, 2025.

DPAL Always Needs New People to Volunteer!

New exhibits chair for **Gallery II**. NEEDED

Two or three volunteers are needed to help set up and clean up **League receptions and get together**s.

The **front desk** can use more trained staff to fill in as needed

Our Building and grounds person needs a back up for **snow removal**.

We need an experienced CPA to replace our **treasurer**.

Our VP of Education would appreciate a **scheduling assistant**.

Diana Mitchell will help any new volunteer to get in touch with the appropriate officer or member.

Contact her at diamitc4@aol.com

Please volunteer

"Volunteers don't get paid, not because they're worthless, but because they're priceless."

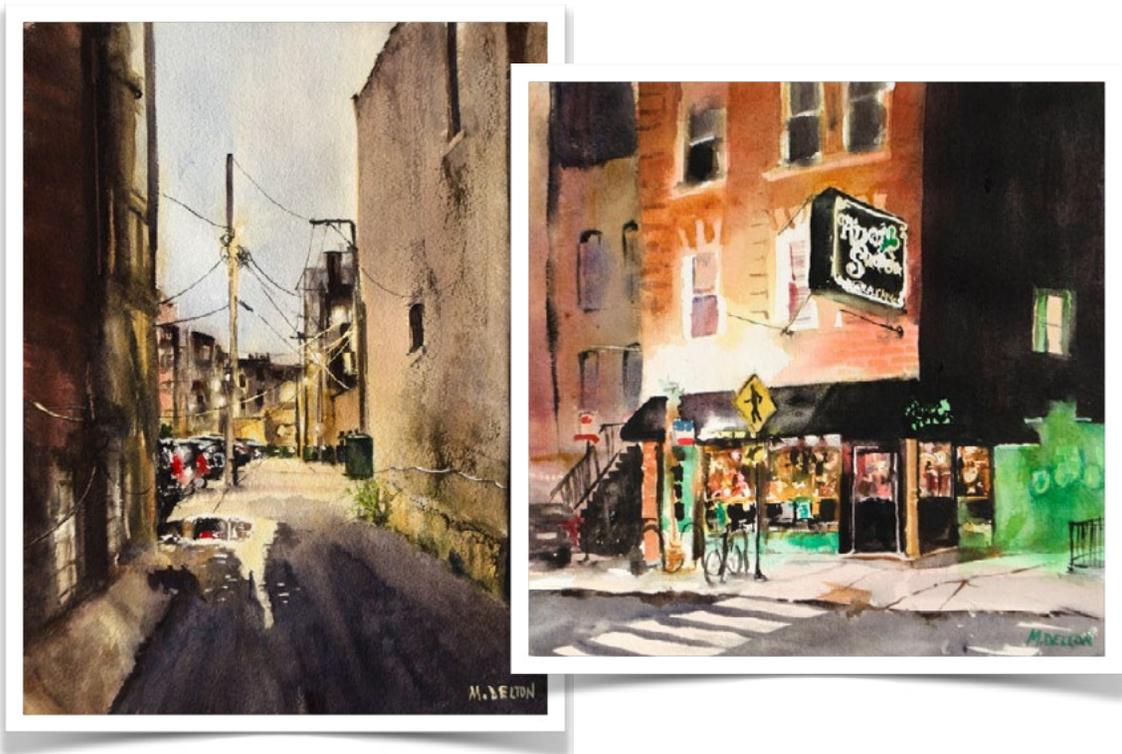
-Sherry Anderson



ART DEMO: **WATERCOLOR SCENES**

Monday, Jan. 19 • 6:30 pm • In-Person & Virtual with **Maria Delton**

With planning, it's possible to capture the heart of a scene without overworking it. Maria will explore how focusing on the idea for a piece can facilitate believable values, bold color choice, and lively shorthand. Provided in partnership with the DuPage Art League.



Register:

<https://www.wheatonlibrary.org/event/art-demo-watercolor-scenes-128590>

Safety Seconds

A few seconds can make a big difference!

Darlene Edwards, VP Safety and Security

Holiday Stress Management Reset

The holiday season tends to chew people up. There's pressure, there's travel. Not to mention there's family drama (who doesn't have at least one relative who makes everything awkward?). And then we roll straight into January. We pretend we're not exhausted. A holiday stress management reset is basically a do-over. It's saying, "Okay, last month was a lot. So how do I gently rebuild my energy? Without pretending I'm fine?"



Dabble in Creativity and Take a Micro Meditation

Try doodling with colored pencils, making a junk journal, beading a bracelet, or splattering some paint on a canvas, relax and enjoy yourself. While your being creative take 30 seconds to close your eyes and breathe deeply, and savor the calm between breaths. Snagging a few mini meditation moments during your creativity break will help you process your holiday so you can move on and get into your usual routine.

Take 5 to Stretch and go on a Short Reset Walk

Take 5 minutes to stretch and release that stored stress in your muscles. Then take a refreshing walk. On your walk, focus on one sense at a time — notice the colors around you, tune into distant sounds, or feel textures like a rock, tree bark, or leaves.

Remember your mental wellness and your physical health are linked.

Be safe and stay healthy!